Table of Contents

Table of Contents	1
COCAF News	3
Come to the Save Our State Rally!	3
COCAF Services In Danger	3
It's Almost Over for the Year	3
Saying Goodbye	4
COCAF Services	4
COCAF Newsletter	4
Adoption/Kinship/Foster Information	5
Child Welfare Policy Manual Updates	5
A Guide to Starting and Managing Parent Support Groups	5
Encouraging Adoption and Helping Families	6
Supporting Children Exposed to Domestic Violence	6
Conferences	7
Journey of Asian Adoption: Building a Multicultural Family	7
Disability Information	8
Disability.gov	8
Education	9
Scholarship Opportunity	9
Family Events	9
Free/Low Cost Movies & Summer Concerts	9
Free All The Time!	9
Mental Health	10
Resources For Youth Who Have A Parent Or Sibling Living A Mental Illness	10
Treatment of Children with Mental Disorders	10
Surveys	11
UNT Resilient Grandparent Caregiver Project	11
Adoption Birthparent Contact Survey	11
PEAR Survey	
Training Opportunities	13
Last PREP Retreat for 2009!	
Respite Care Training for Adoptive, Foster, & Kinship Families	14
Understanding the Needs of Foster and Adoptive Families and Their Children	15

COCAF E-Newsletter

1 of 23

WRAP from A - Z	16
GLBT Adoptive Parent Training: Non-Traditional Parenting	16
Recovery with WRAP	17
C.A.S.E. Online: Talking to Children about Adoption	18
Childhood Sexuality Part II	19
Child Interview Training	19
Partnering for Best Outcomes	20
Helping Children Cope: Reducing Trauma During Placement Moves	20
Tust for Fun	21
No Place Like Home	21
Fun Things & Coupons	21
Adoption Exchange's 22 nd Annual Fantasy Ball	21
Website Topics	22

COCAF News

Come to the Save Our State Rally!

Come to the SOS rally at the state capitol at noon on September 8, 2009, to let the Governor and Legislature know that many of us find the budget cuts to mental health services for our children unacceptable. The hope is that this demonstration will convince the Governor and Legislature to call a special session now to deal with the budget problem in a way that does not cut services to our most vulnerable citizens.

COCAF Services In Danger

Without your financial support, COCAF cannot continue to provide the post-adoptive services and advocacy assistance that we currently provide. Please click here https://www.givingfirst.org/index.cfm?fuseaction=Cart.New&Organization_ID=27306&CFID=893924&CFTOKEN=81835521 to donate now. If everyone who read our newsletter donated just \$5, think of the services we'd be able to provide to adoptive families! Please go online today at www.cocaf.org – and DONATE!

It's Almost Over for the Year

Applewood Plumbing, Heating & Electrical is giving away \$12,000 in 12 months. Applewood is going to give back to the community by donating \$1,000 a month to local nonprofit companies. They will be accepting nominations through the mail or on the web and will choose a winner monthly using a random drawing. The more times COCAF is entered into the drawing, the better our chances of winning. You may re-enter every month (until COCAF wins!), but you may only enter once per month. Charities may receive multiple entries, so refer this site to your friends. Please take the time to enter COCAF into this drawing. If COCAF wins, the \$1,000 will be used to continue providing support services to adoptive families.

To enter online, go to:

http://www.applewoodfixit.com/12in12.html

To complete the form for COCAF, enter the following information:

Non-profit name: COCAF

Non-profit phone number: 303-562-9864

Web site: cocaf.org

Saying Goodbye

My 19-year old adopted son, who recently graduated at the top of his high school class, was the one child I thought had it all figured out. He did exceptionally well in school, spent summers building his own lawn care business, got along well with everyone in the family, and was respectful and responsible (for a teenager). So imagine our dismay when our usually reliable son started acting a little off this summer. He wouldn't be where he said he would be. His chores went undone or half-done. His attitude was just a little snarky (those of you with teenagers know snarky). It all culminated when just 5 days before he was to move into the dorms at Colorado School of Mines in Golden. He didn't do his chore correctly. I asked him to do it right. He said, "I'm moving out now." And he did.

The minute he said he was moving out, I knew what the entire summer had been about. Over the years, I had helped him with school, sibling rivalry, girlfriend problems, and money issues, but I never helped him learn how to say goodbye in a healthy, mature way. So he left the way he'd always left others before – angry. Angry at his birth parents because they didn't do what they needed to keep him. Angry at foster parents who didn't want to keep him. Now angry at me for not helping him understand there was another way to say goodbye.

The good news is, I know he's going to be okay. The bad news is I failed him at a time when he felt exposed and apprehensive about his future in our family. So learn from my mistake, and talk to your high school aged children about what it's going to be like when they grow up and leave home. Make sure they feel secure in the fact that home is just that – home. Whether you're 19 or 91, you need to know that you can always go home.

Colleen Tarket, COCAF Development Director colleen.tarket@cocaf.org

COCAF Services

If you are in need of COCAF's services or just want to pass on some information, you may email Deborah Cave, Executive Director, at deborah.cave@cocaf.org.

COCAF Newsletter

If you have items you think would be appropriate for the COCAF newsletter, please forward those items to colleen.tarket@cocaf.org by the 20th of the month for consideration for the next month.

Adoption/Kinship/Foster Information

Child Welfare Policy Manual Updates

Several changes have been made to Section 8.5, Guardianship Assistance Program, of the Child Welfare Policy Manual. To view these policy changes, go to:

8.5 Guardianship Assistance Program

http://www.acf.hhs.gov/j2ee/programs/cb/laws_policies/laws/cwpm/policy_dsp.jsp?citID= 370

8.5A Guardianship Assistance Program, Agreements

http://www.acf.hhs.gov/j2ee/programs/cb/laws_policies/laws/cwpm/policy_dsp.jsp?citID=390

8.5B Guardianship Assistance Program, Eligibility

http://www.acf.hhs.gov/j2ee/programs/cb/laws_policies/laws/cwpm/policy_dsp.jsp?citID=410

8.5B.1 Guardianship Assistance Program, Eligibility, Siblings

http://www.acf.hhs.gov/j2ee/programs/cb/laws_policies/laws/cwpm/policy_dsp.jsp?citID= 430

8.5B.2 Guardianship Assistance Program, Eligibility, Guardian requirements

http://www.acf.hhs.gov/j2ee/programs/cb/laws_policies/laws/cwpm/policy_dsp.jsp?citID= 450

8.5C Guardianship Assistance Program, Payments

http://www.acf.hhs.gov/j2ee/programs/cb/laws_policies/laws/cwpm/policy_dsp.jsp?citID= 470

A Guide to Starting and Managing Parent Support Groups

Foster and adoptive parent groups can make effective and lasting changes in their local child welfare systems. On the New York State Citizens' Coalition for Children's website is a list of resources that are offered to assist parents, agencies, and advocates in developing and sustaining effective parent support groups. Access these resources at: http://nysccc.org/family-supports/parent-groups/parent-groups-management/.

Encouraging Adoption and Helping Families

Voice for Adoption (VFA)'s report, *Encouraging Adoption and Helping Families: The Case for Refocusing Federal Funding on Post-Adoption Services*, highlights the need for adoption competent mental health professionals and provides specific policy recommendations to strengthen support for post-adoption services for families adopting from foster care. To access the paper visit: http://voice-for-adoption.org/downloads/VFA%20postadopt%20paper%20FINAL%207.9.09.pdf.

Supporting Children Exposed to Domestic Violence

The Family Violence Prevention Fund provides a toolkit complete with training curriculum, PowerPoint presentation, videos, and mini-magazines for caregivers of children who have been exposed to domestic violence. This curriculum and related tools are designed as a basic training session on the dynamics of domestic violence, the affect of exposure to domestic violence on children, and strategies for supporting children who have been exposed to violence. To access this toolkit visit: http://endabuse.org/content/features/detail/1314/.

COCAF E-Newsletter 6 of 23 September 2009

Conferences

Journey of Asian Adoption: Building a Multicultural Family

Friday, October 9, 2009 – Fundraising Dinner Saturday, October 10, 2009 – Workshops Hilton Garden Hotel, Denver Tech Center, 7675 East Union Ave., Denver, CO 80237

Presented by the Asian Pacific Development Center, the October conference will bring together leaders in Asian adoption from throughout the United States. The conference will be in two parts, including a Friday night gala dinner and a full day of workshops and panels on Saturday. Attendees can choose to participate in one or both days.

Honorary Chairs for both events are Colorado's first lady, Jeannie Ritter, and Senior Vice President at Wells Fargo, Pat Cortez.

The conference will begin Friday evening October 9, with a dinner featuring renowned sportswriter Rick Reilly. Reilly, who has been voted National Sportswriter of the Year 11 times and whose popular column "The Life of Reilly" graced the pages of Sports Illustrated for nearly 23 years, will join the conference with his 20-year old daughter Rae who was adopted from Korea as an infant. The two will share the story of their journey to Korea in search of Rae's birth family. Attendees can expect an original presentation with Reilly's trademark depth, humor, and heart.

On Saturday, registration will begin at 8:30 a.m. with a light breakfast. Workshops begin at 9:15 a.m., and will be led by adoption experts. They will include key topics of interest to both current and prospective adoptive parents. Many workshops will include older Asian adoptees who will share their insight and views.

Onsite childcare will be provided on Saturday for \$15 per child.

Check with your adoption agency to see how these workshops may contribute towards your Colorado pre-adoption education requirements.

For more information on the conference, send an email with your questions to: dgliwa@comcast.net or call 303-365-2959 ext 113.

Online registration is available at: www.APDC.org, then select ADOPTION CONFERENCE.

Disability Information

Disability.gov

The U.S. Department of Labor recently launched <u>Disability.gov</u>, a redesigned federal website that connects the more than 50 million Americans with disabilities to thousands of trusted resources on disability-related issues, programs, and services. Formerly known as DisabilityInfo.gov, the site has been completely redesigned and updated with new social media tools, including a blog and a Twitter feed, to encourage feedback and interaction among visitors. <u>Disability.gov</u> is not just for Americans with disabilities, but also for parents of children with disabilities, employers, workforce and human resource professionals, veterans, educators, caregivers, and many others.

<u>Disability.gov</u> features comprehensive information from 22 federal agencies, as well as educational institutions, non-profit organizations, and state and local governments. Topics covered on the site include: benefits; civil rights; community life; education; emergency preparedness; employment; health; housing; technology; and transportation.

Education

Scholarship Opportunity

If you're a high school or college student, you can join the Denver Community Credit Union Youth Advisory Board. After a successful year of volunteer service, each board member is eligible for a \$500 scholarship.

To find out more about this opportunity, or to receive an application, contact Helen at hgibson@denvercommunity.coop or call (303) 573-1170 ext. 754.

Applications are due on **September 4, 2009**.

Family Events

Free/Low Cost Movies & Summer Concerts

For information on free or low cost movies and summer concerts, go to: http://colorado.parenthood.com/CO_moviesconcerts0907.php.

Free All The Time!

Aurora History Museum, 15051 E. Alameda Parkway Aurora, CO. (303) 739-6666. Tuesday-Friday 9:00 a.m.-4:00 p.m., Saturday & Sunday 11:00 a.m. - 4:00 p.m.

Bluff Lake Nature Center, off of Havana near Stapleton. For more information or clear directions call (303) 945-6717. Open sunrise to sunset.

For a comprehensive list of things to do for free in the Denver area, go to: http://www.denver.org/events/free-events.

Mental Health

Resources For Youth Who Have A Parent Or Sibling Living With A Mental Illness

The National Institute of Mental Health (NAMI) has received an alarming amount of interest in programs and resources for youth who have a parent or sibling living with a mental illness. In response to this critical need, NAMI, with the assistance of the Daughters and Sons Initiative leaders and Joanne Riebschleger, Ph.D., Assistant Professor, School of Social Work, Michigan State University, collected information from experts on the following topics:

- NAMI Programs for Youth who Have a Parent or Sibling Living with a Mental Illness
- Resources for Supporting Families Dealing with Parent Mental Illness
- Resources for Military Families
- Resources For and About Children of A Parent With a Psychiatric Illness

To read these documents, go to: http://www.cocaf.org/nami-resources.

Treatment of Children with Mental Disorders

The National Institute of Mental Health (NAMI) has released a new guide, Treatment of Children with Mental Disorders, which provides answers to frequently asked questions about the treatment of mental disorders in children. The guide can be accessed at: http://www.nimh.nih.gov/health/publications/treatment-of-children-with-mental-disorders/index.shtml.

Surveys

UNT Resilient Grandparent Caregiver Project

Dr. Bert Hayslip of the University of North Texas (UNT) Psychology Department, and Ms. Shanna Davis, a student in the UNT Psychology Department, are conducting a survey exploring the role of personal hardiness, resilience, or inner strength as a resource among grandparents who are raising their grandchildren on a full-time basis. This survey will ask questions about you, your caregiving situation, and about your relationship to the grandchild you are caring for. It will take approximately an hour to complete, and can be done at home. It costs nothing to participate. If you are interested in participating, the survey and a self-addressed stamped envelope (to return the completed survey) will be mailed to you.

All information will be strictly confidential. In this respect, each grandparent will be assigned a code number that will uniquely identify them only to Dr. Hayslip and Ms. Davis; no names will appear on the survey. Moreover, grandparent caregivers are under no obligation to complete the survey even if they have begun the project.

Participants will be provided with results of the project when it is completed (if they request the results). It is expected that the project will end in October 2009. In order to qualify for the project, grandparents must be primarily responsible for the full-time care of their grandchildren, and the grandchild must be under the age of 18, and residing with the grandparent. Interested grandparent caregivers who wish to participate or need more information about the project can contact Dr. Hayslip at 940-565-2675 or e-mail him at mail to: hayslipb@unt.edu.

Adoption Birthparent Contact Survey

If you adopted an unrelated child from foster care, your input is needed for a survey on post-adoption birthparent contact. Michelle Roberts, a foster and adoptive parent herself, is doing a graduate thesis on post-adoption contact in foster care adoptions. Even if you have had no contact with your child's birthparents, your input is valuable to the study.

The online survey takes less than 10 minutes to complete and contains no identifying information. As a special thank you, you will be entered into a drawing for a chance to win a \$100 gift certificate to the store of your choice. Please take a moment to help with this study. Go to www.AdoptionStudy.org for the online survey or contact Michelle at meroberts2@eiu.edu if you would prefer to have a paper survey mailed to you.

COCAF E-Newsletter

11 of 23

PEAR Survey

Parents for Ethical Adoption Reform (PEAR) is conducting an "Observational Survey of Adoptive Parents on Success, Satisfaction, and Types of Post-Adoption Services." This survey will remain open all summer and results will be published in the fall. You can access the survey at: http://www.zoomerang.com/Survey/?p=WEB228Q6QUGVM6.

COCAF E-Newsletter 12 of 23 September 2009

Training Opportunities

Last PREP Retreat for 2009!

COCAF, AFI Grant Teams, and The Adoption Exchange, through a federal Adoption Opportunities grant, are presenting 1½-day retreats for parents who have adopted through the child welfare system. These Adoptive Parents Retreats are designed to help strengthen and re-establish the communication skills, using the PREP© curriculum (Prevention and Relationship Enhancement Program). You will meet other families experiencing similar feelings and challenges as your family, in a non-judgmental, supportive, and understanding environment.

These weekends are free of charge to adoptive parents! Workshops begin at 8:00 a.m. Saturday morning and end by noon on Sunday. The retreats include accommodations for Saturday night, meals, and the PREP curriculum. Respite funds are available.

You will learn how to:

- Communicate with each other more gently and effectively
- Discuss problems and resolve conflict in a safe way
- Listen to and be heard by your partner
- · Respond to your children as a unified team
- Show respect for your partner and have fun as a couple

You must attend as part of a pair – single parents please bring an adult who is significant in your child's life (parenting-partner, teacher, faith-based person, etc.). If you have adopted from, or currently live in one of the counties listed below, contact the identified person to register for one of these respite weekends. Rejuvenate yourself, your relationship, and your family!

Dates	Team	Registration Contact Person/#
Sept 12 &13, 2009	Boulder	Suzanne Daniels, 303-441-1533
		sdaniels@co.boulder.co.us

This workshop is provided by the Colorado Coalition of Adoptive Families (COCAF), AFI Grant Teams, and The Adoption Exchange through a grant from the Administration for Children and Families. The Adoptive Families Initiative (AFI) Grant will use information throughout the retreat process for ongoing program evaluation and improvements and assures that all information will be kept strictly confidential.

Respite Care Training for Adoptive, Foster, & Kinship Families

Presented by COPARC Tuesday, September 1, 2009, 9:00 a.m. to 4:00 p.m. Mesa County Dept. of Human Services 510 29 ½ Road, Room 1060, Grand Junction, CO 85104

Learn how to be part of the solution to the respite problem. Topics include:

- Becoming part of a team that supports adoptive family stability and prevents disruptions
- Positive approaches that will head-off issues before they become crises
- Concrete skills and techniques for managing challenging behaviors
- Unique needs of children who have been adopted
- Strategies for keeping kids safe
- Self-care tips
- Tools that will help you work successfully with adoptive families and their children

Due to the need for safety for families who use respite services, training attendees must complete an application and a background check and must be willing to be added to the COPARC list of trained respite care providers available to adoptive families. For families who complete this entire process, a stipend will be provided as well as vouchers to offset the costs for childcare and mileage.

Any adoptive family who wishes to attend with their personal respite care provider may do so; however the provider will need to complete the application and the background checks.

Cost: Free. Breakfast, lunch, and snacks provided.

For more information: Contact Tanya Hammar at 303-755-4756 or 800-451-5246 or by email at tanya@adoptex.org.

Understanding and Meeting the Unique Needs of Foster and Adoptive Families and Their Children

Presented by the Colorado Post-Adoption Resource Center (COPARC)

Trainer: Denise Leffingwell, MSW, LCSW

Wednesday, September 2, 2009, 9:00 a.m. - 4:00 p.m.

Center for Independent Living, 740 Gunnison Ave., Grand Junction, CO 81501

Friday, September 18, 2009, 9:00 a.m. - 4:00 p.m.

Arapahoe/Douglas Mental Health Network (2nd floor, Tom Mac room) 5500 S. Sycamore St., Littleton, CO 80120

This introductory class will highlight:

- Child development issues and emotional conflicts in the life of a child moving through the foster care system to adoption
- Psycho-social issues, diagnosis, and treatment of a child who was adopted
- Post-placement support and treatment services for the adoptive family
- Strategies to address the special challenges of the adoptive family

Cost: Free to professionals who work with adoptive and foster families. Breakfast, lunch, snack, and materials will be provided.

To register: Contact Tanya Hammar by email at <u>Tanya@adoptex.org</u> or by phone at 303-755-4756 or 1-800-451-5246.

WRAP from A - Z

Presented by WE CAN! of Colorado September 2, 2009, 9:00 a.m.-4:00 p.m. September 15, 2009, 9:00 a.m.-4:00 p.m. Location TBD

This seminar is for individuals who are either unfamiliar with Wellness Recovery Action Plan (WRAP) or have little knowledge of WRAP and don't currently have an individualized plan. This 6-hour session (1 hour for lunch) covers: Five components of recovery according to Mary Ellen Copeland Concept of WRAP

Process of developing a WRAP and implementing it on a daily basis

An abridged version of WRAP will be created during this session appropriate for individuals with lived experience, family members of those with lived experience, providers, advocates, and other supporters.

To register or for more information: Contact Jillian Mukavetz by email at jmukavetz@mhacolorado.org or by phone at 720-208-2236.

GLBT Adoptive Parent Training: Non-Traditional Parenting In a Traditional World

Presented by Adoptive Family Initiative Grant Denver Team, COCAF, Denver Therapy & Consultation Group, LLC, The Gill Foundation, and Denver Human Services Trainer: Roxanne Thompson, M.A., L.P.C. Saturday, September 12 **and** September 19, 2009, 9:00 a.m.—3:00 p.m. The Gill Foundation, 2215 Market Street, Denver, CO

Parenting for GLBT adoptive families is a challenge on many fronts. This 2-day workshop will address:

- The needs of single and two parent families
- Relationship issues
- Social implications
- Family Differences Discussions—How/When
- Sexuality
- Parenting Styles

Presenter Roxanne Thompson, M.A., L.P.C. has worked extensively with adoptive children and their families for the past 20 years, and is a master therapist in the field of attachment, adoptions, and relationships. She has presented numerous workshops in

COCAF E-Newsletter

16 of 23

Colorado and across the U.S. on a variety of topics. Her unique understanding of adoption and GLBT issues will provide support, new skills, and information for GLBT parents. Scholarships are available.

Cost: \$20 for single parents; \$30 for couples

For more information: Contact Linda Trantow at 720-944-2484.

To register: Complete the information below and mail to the form and your check to: Linda Trantow #7410, AFI Grant Project, Denver Human Services, 1200 Federal Blvd., Denver, CO 80204

Name(s):	
Address:	
Phone Numbers (s)	
Meal Preference: Vegetarianyesno	
Other special needs/accommodations:	

Recovery with WRAP

Presented by WE CAN! of Colorado September 28, 2009, 9:00 a.m.-4:00 p.m. *and* September 29, 2009, 9:00 a.m.-12:00 p.m. Location TBD

A 2-day workshop designed to take participants through the entire process of the Wellness Recovery Action Plan (WRAP):

- Development beginning with recovery concepts
- Tools for maintaining wellness
- All parts of the plan outlined by Mary Ellen Copeland's Wellness Recovery Action Plan book
- Examples and suggested tips on utilizing the plan to its fullest potential
- How to update WRAP

Appropriate for anyone who would like to develop their own individualized WRAP, materials provided. Must be present both days to attend this course.

To register or for more information: Contact Jillian Mukavetz by email at jmukavetz@mhacolorado.org or by phone at 720-208-2236.

COCAF E-Newsletter

17 of 23

September 2009

The purpose of the COCAF newsletter is to provide families with potential resources. These newsletters are for general informational purposes only and shall not constitute legal, medical, psychiatric, educational, or parenting advice. COCAF does not recommend or endorse any specific provider of services, book, or website.

C.A.S.E. Online: Talking to Children about Adoption

Presented by the Center for Adoption Support and Education (C.A.S.E.)

Trainer Ellen Singer, LCSW-C

Thursday, September 24, 2009, 9:00 p.m., - 10:00 p.m. (Fastern Time)

Thursday, September 24, 2009, 9:00 p.m. - 10:00 p.m. (Eastern Time)

This 1-hour session teaches parents what children understand and think about adoption, and about being adopted, as they grow and develop. Learn how to share your child's adoption story and how to encourage them to comfortably share their questions, thoughts, and feelings with you.

Toll-free dial-in/online format enables parents to ask questions and address personal concerns before and during the workshop. Workshop includes electronic handouts, preevent Q&A survey, and discount coupons for valuable publications, like W.I.S.E. Up! Toll-free number, web instructions, Q&A survey link, electronic handouts, etc. will be emailed to you 2 days in advance, upon payment and registration confirmation.

Cost: \$20

Registration Deadline: Sunday, September 20, 2009, 5:00p.m. Eastern Time

Click here to register: http://yhst-28828629093147.stores.yahoo.net/talking-to-children-about-adoption--online-workshop.html.

Childhood Sexuality Part II

Presented by The Denver Children's Advocacy Center (DCAC) Dr. Gizane Indart, PsyD, Trainer Thursday, October 15, 2009, 9:00 a.m. - 12:00 p.m. Denver Police District 2, 3921 Holly Street, Denver, CO 80205

This class will present in-depth case studies and, step by step, describe the therapeutic model and interventions used. This training will integrate outcomes of the Kempe Children's Center Perpetration Prevention Study Group and the book *Web of Meaning: A Developmental-Contextual Approach in Sexual Abuse Treatment*, by Gail Ryan (Gail Ryan & Associates, 2000, Safer Society Press). This training will allow time for specific questions.

Trainer Gizane Indart, PsyD, a bilingual and bicultural psychologist, is the Executive Director of the Denver Children's Advocacy Center. She has been a Fellow with the ChildTrauma Academy under the direction of Dr. Bruce Perry since 2003, and has over 20 years of working experience with traumatized children and their families.

Cost: \$75 per person; \$50 per person for groups of 4 or more from the same agency; \$35 student rate with valid ID; \$85 per person after October 14 at noon or day of event.

For further information: Go to www.denvercac.org.

Child Interview Training

Presented by The Denver Children's Advocacy Center (DCAC) Thursday, October 29, 2009 – Friday, October 30, 2009 (2 full days) Denver Police District 2, 3921 Holly Street, Denver, CO 80205

This in-depth 2-day training will cover:

- Child interview techniques
- How to utilize the phased interview process
- Trauma and the developing child
- Practical application of language development concepts
- Defense strategies and tactics.

Case examples will be presented. Trainees will have opportunities for practice and skill development. Speakers will include Karen Blackwell (Forensic Interview Program Manager, DCAC), Stephanie Knapp (Child & Adolescent Interview Specialist, FBI), and others to be announced.

For further information: Go to www.denvercac.org.

COCAF E-Newsletter

19 of 23

Partnering for Best Outcomes: Training for Parents, Social Workers, & Community Providers

Presented by NACAC Community Champions Network (CNN), COCAF, & COPARC Friday, November 13, 2009 and Saturday, November 14, 2009 Location TBD

This 2-day training workshop is designed for parents, social workers, and other community providers working with adoptive families. Topics will include:

- Effective mental health interventions
- Accessing out-of-home treatment
- Subsidies and other supports
- Adoption competent practice

More information will be provided in next month's COCAF newsletter.

Helping Children Cope: Reducing Trauma During Placement Moves

Presented by CDHS & The Adoption Exchange Enita Kearns-Hout Monday, November 23, 2009, 6:00 p.m. – 9:00 p.m. Denver Dept. of Human Services, Rm 1026, 1200 Federal Blvd, Denver, CO 80204

This half-day course helps foster and adoptive parents work with children to reduce the fear, anxiety, and trauma of a new placement. It includes:

- What are the effects of placement moves on children
- What can I do as a parent to help reduce a child's fear and anxiety when he is placed in my home
- How can I work with other members of the placement team so the placement move does the least amount of harm to the child

Cost: Free to county employees and associated parents; \$7.50 for FCAAC (formerly CPA) network members; \$15 for all others.

For further information: Contact Denise Leffingwell at 303-755-4756, ext. 264, or go to http://www.cocwtraining.com/ClassLists.asp

To register: Go to www.cocwtraining.com, CDHS Course Code HCCP112309D

COCAF E-Newsletter

20 of 23

Just for Fun

No Place Like Home

Presented by the Adoption Alliance Saturday, November 7, 2009, 5:00 – 9:00 pm The Westin Westminster, 10600 Westminster Blvd, Westminster, CO

Celebrate the Adoption Alliance's 20th year and honor founding director Virginia Appel at the *No Place Like Home* event. Please join adopted and foster children and their families for a family style meal, storytelling by local storytellers, the sharing of adoption and foster stories, a silent auction and an opportunity to thank Virginia for her vision, passion, and commitment. This event is for children, parents, families, and friends. All funds raised will enable Adoption Alliance to continue the work we have done since 1989: Finding safe, loving homes for children.

Share your experience with other families. Enter your foster family and adoption stories on the Adoption Alliance blog site: http://adoptionalliance.wordpress.com.

Cost: \$75 for adults and \$25 for children 10 and under

To register: Go to http://www.adoptall.org/index.php?s=63

Fun Things & Coupons

For coupons for local Colorado activities, go to:

http://www.coloradokids.com/listings.php?category=funthings&type=funcenter®ion=colorado

Adoption Exchange's 22nd Annual Fantasy Ball

November 2009: 22nd Annual Fantasy Ball

More information to come! For information on any Adoption Exchange event, go to: www.adoptex.org.

Website Topics

This section contains the headings from some of the previous COCAF newsletter items. Rather than reprint these items in every newsletter, we're providing the name of the article and a link to the information on the COCAF website.

Adoption-Related Information http://www.cocaf.org/adoption_topics

Adoptive Families Denver http://www.cocaf.org/adoptive

COPARC http://www.cocaf.org/coparc

Foster Care and Adoption Self-Assessment Guide http://www.cocaf.org/adoption-foster

Income Taxes & Adoption http://www.cocaf.org/tax

Larimer County Alliance for Grandfamilies (LCAG) http://www.cocaf.org/kinship-larimer

The Adoption Exchange Support Groups Listing http://www.cocaf.org/support

Adoption Subsidy Information http://www.cocaf.org/subsidies

Colorado Subsidy Information http://www.cocaf.org/adoption-subsidy

Expanding Title IV-E Adoption Assistance http://www.cocaf.org/adoption-titleiv

NACAC Report on Adoption Subsidies http://www.cocaf.org/adoption-nacac-report

National Subsidy Information http://www.cocaf.org/adoption-national

Conference Calls/Discussion Boards http://www.cocaf.org/current-conference

Child Welfare League of America http://www.cocaf.org/conference-welfare

Conscious Connections Talk Radio http://www.cocaf.org/conference-conscious

"Listening to Parents" Project Discussion Board http://www.cocaf.org/conference-listening

NAMI Children's Conference Calls http://www.cocaf.org/conference-nami

Education http://www.cocaf.org/education-menu

Casey "Foster Parent College" Scholarships http://www.cocaf.org/scholarships-casey

Expanded Access to College Financial Aid for Former Foster Youth http://www.cocaf.org/college-aid

Foster Youth Internship (FYI) Program http://www.cocaf.org/youth-internship

Mobility Issues & Special Education http://www.cocaf.org/mobility

Online Educational Advocacy Resource http://www.cocaf.org/edu-advocacy

Parents of Adults with Disabilities http://www.cocaf.org/edu-parents

Reducing Behavior Problems in the Classroom http://www.cocaf.org/behavior-problems

Spanish-Language Child Welfare Resources http://www.cocaf.org/edu-spanish

Financial Assistance & Information http://www.cocaf.org/financial

Financial Classes http://www.cocaf.org/financial-classes

LEAP http://www.cocaf.org/financial-leap

United Way's 2-1-1 Service http://www.cocaf.org/financial-united

Health Care http://www.cocaf.org/healthcare

Denver Options http://www.cocaf.org/health-denver

EPSDT: What It Is & Why It Is Important to Behavior Health Providers? http://www.cocaf.org/epsdt

Medicaid Waiver Information http://www.cocaf.org/health-medicaidwaiver

UHCCF Grants for Child Health Care Services http://www.cocaf.org/health-uhccf

COCAF E-Newsletter

22 of 23

Legislative Information http://www.cocaf.org/laws

Colorado Child Welfare Action Committee http://www.cocaf.org/legislation-cowelfare

Emancipation Documents Colorado Legislation http://www.cocaf.org/legislation-upcoming

Nebraska Safe Haven Law http://www.cocaf.org/legislative-nebraska

Voice for Adoption Child Welfare Legislation Information http://www.cocaf.org/voice

Mental Health Care http://www.cocaf.org/mental-health

Attention Deficient Disorder Association (ADDA) http://www.cocaf.org/mental-adda

Autistic Children: ZAC Browser: Zone for Autistic Children http://www.cocaf.org/mental-zac

CHART: Children's Help and Assistance for Residential Treatment http://www.cocaf.org/mental-chart

Considering Residential Treatment Programs for Children http://www.cocaf.org/mental-residential

COPARC Therapist Database http://www.cocaf.org/mental-nami

E.R.I.C. Program http://www.cocaf.org/mental-eric

Guide on Bipolar Disorder in Children and Teens http://www.cocaf.org/mental-bipolar

Mental Health Websites http://www.cocaf.org/mental-websites

NAMI Connections Link http://www.cocaf.org/mental-nami

NAMI Guide to Crisis Intervention Programs for Youth http://www.cocaf.org/nami-crisis

New Parents and Teachers as Allies Resources http://www.cocaf.org/mental-allies

Therapeutic Services for Jefferson County Victims http://www.cocaf.org/mental-therapeutic

Services & Resources http://www.cocaf.org/community

C.A.S.E. Adoption-Related Services http://www.cocaf.org/services-case

Family Unification Program Housing Choice Vouchers http://www.cocaf.org/fup

Grandfamilies State Law & Policy Resource Center http://www.cocaf.org/grandfamilies

Kinship Program at Catholic Charities http://www.cocaf.org/kinship-catholic

Respite Care Services http://www.cocaf.org/respite-care

Respite: Give Me a Break Respite Program http://www.cocaf.org/respite-break

Training Resources http://www.cocaf.org/trainers

COCAF Calendar http://www.cocaf.org/event/2009/04/30/month/all/all/1

Colorado Department of Human Services (CDHS) http://www.cocaf.org/trainers

Evan B. Donaldson Adoption Institute http://www.cocaf.org/trainers

Foster Parent College (FPC) http://www.cocaf.org/trainers

Washington Learning Systems Website http://www.cocaf.org/training-washington

Free-For-All http://www.cocaf.org/free-for-all

Colorado-for-Free: Things to Do for Free http://www.cocaf.org/free-colorado

Free Car Seat Checks http://www.cocaf.org/carseat

Current Events http://www.cocaf.org/current-events

Conference Calls/Discussion Boards http://www.cocaf.org/current-conference

Child Welfare League of America http://www.cocaf.org/conference-welfare

Conscious Connections Talk Radio http://www.cocaf.org/conference-conscious

"Listening to Parents" Project Discussion Board http://www.cocaf.org/conference-listening

NAMI Children's Conference Calls http://www.cocaf.org/conference-nami

COCAF E-Newsletter 23 of 23 September 2009